

Zhineng Qigong Treatment For 47864 Cases  
Analysis of Effectiveness on patients  
Huaxia Zhineng Qigong Clinic

Main content: this article is the analysis of the results of 47864 cases of patients who utilized Zhineng Qigong for treatment. The results indicated that 23.50% patients met the criteria of getting cured, 40.70% of them fulfilled the criteria of having very effective results and total rate of effectiveness was 99.05%.

Key: Zhineng Qigong, analysis of treatment effectiveness

Since the emergence in 1981 Zhineng Qigong has shown great power in treating diseases. Many difficult and complicated cases achieved magical results through Zhineng Qigong. This is the analysis report of the 47864 case study of patients that enrolled in Huaxia Zhineng Qigong Recovery Centre (formerly known as Recovery Division of Huaxia Zhineng Qigong Training Centre) from March 1992 to December 1996 (excluding those with malignant tumours).

A. General clinical significance.

In the 47864 cases of patients, there were 209 types of diseases, consisted of 24052 males and 23812 females. Ratio of male to female was 1:0.99. The eldest was 86 years old and the youngest was 2 months old. Break down of age groups as in Table1

Table 1: Age groups

15 yrs & below	16 to 30 yrs	31 to 45 yrs	46 to 60yrs	61yrs & above
3820	10005	12490	15383	6166

Table 2: Analysis of treatment duration

Duration	1 month	2months	3 months	4 mths & above
No of patients	32218	11760	2555	1330
Percentage %	67.31	24.57	5.34	2.78

B. Methods of treatment

1. Watch and listen to videos of Teacher Pang's lectures including *Introductory to Zhineng Qigong, Use of mind, Morality, Theology of Qi* etc on Zhineng Qigong's theory and practice.
2. Practise Lift Qi Up, Three Centres Merge and other Zhineng Qigong exercises.
3. Various forms of qi healing through qi field.
4. Counselling by qigong teachers

C. Criteria for effectiveness classification

1. Cured

- [1] Disappearance of clinical sign and symptoms
- [2] Patient felt alert, energetic, have good appetite and good sleep
- [3] Various types of analysis or special tests that revealed related functions back to normal
- [4] Stop using various related medications

Those who met all 4 criteria were categorised in the 'Cured' group.

2. Very Effective

- [1] Disappearance of clinical sign and symptoms
- [2] Improvement in alertness, appetite and sleep
- [3] Various types of analysis or special tests that revealed significant improvement.
- [4] Stop or reduced the usage of various related medications

Those who met all 4 criteria were categorized in 'Very Effective' group.

### 3. Effective

[1] Improvement in clinical sign and symptoms

[2] Improvement in alertness, appetite and sleep

[3] Various types of analysis or special tests that revealed improvement

Those who fulfilled [1] and [2] or [2] and [3] were categorised in 'Effective' group.

### 4. Not Effective

[1] No improvement in clinical sign and symptoms or deterioration

[2] No improvement detected in various types of analysis or special tests

[3] Deterioration in alertness, appetite and energy of patient

Those who fulfilled all 3 criteria were categorised in 'Not Effective' group.

Please refer to *Clinical Standards for Common Diseases* (by Tao Tianzhun) and *Clinical Standards for Diagnosis, Cure, Improvement* (by Health Division, Main Rear Service Unit of Peoples' Liberation Army of China)

## D. Effectiveness of Treatment (refer Table 3 and 4)

Table 3 Record of Effectiveness

Effectiveness	Cured	Very Effective	Effective	Not effective	Total no of Patients
No of cases	11248	19482	16680	464	47864
Percentage%	23.50	40.70	34.85	0.95	100

## E. Discussion

1. Majority of those who seek treatment at the Recovery Centre were patients who had tried and failed to get satisfactory results from Chinese and Western medicine. To them qigong was their last hope. Most of them were suffering from chronicle, difficult diseases or the so-called terminal diseases, that were difficult to treat by modern medical science and traditional Chinese medicine. They have had the diseases for a longer period (random sampling of 468 patients revealed that the longest was 36 years, the shortest was 1 month and the average was 6.8 years) and in more severe condition. Treatment with Zhineng Qigong Medical Science, Hunyuan Medical Science, on such patients has attained world-overwhelming results: average Cure rate of 23.50%, Very Effective rate of 40.70%, more than 99% of the patients have attained different levels of effectiveness. This has proven one of the views of Hunyuan Medical Science: the scientific basis that all diseases could be cured. To the Hunyuan Medical Science the various diseases contracted by human beings are the abnormal changes of qi at different levels. Since the normal (bodily) qi could interact with external qi to develop abnormalities to produce diseases, it indicates that at a disease state, the (bodily) qi would also be able to react with external qi to change for the better. In other words, all diseases are reversible.
2. The 47864 cases include 209 types of diseases. The numerous patients and types of diseases were all treated with the same simple method (practising Zhineng Qigong and receiving qi healing) and achieved good results. This has revealed the specialty of Hunyuan Medical Science and proven the other point of Hunyuan Medical Science: the process of treatment is also the process of strengthening human body functions. Treatment by Hunyuan Medical Science does not depend on the type of disease but on the movement of human (bodily) qi, adjusting the abnormal qi movement back to normal. It does not treat according to sign and symptoms nor according to type of disease. It is a 'one for all' method that is simple yet highly effective.
3. Great majority of the patients in this article were having severe chronicle diseases for a long time. However with 1 to 2 months of treatment, most of them have attained significant improvement, with a portion of them getting cured. (see table 2, 3, 4). The reason why Hunyuan Medical Science

could be so effective is because even though it involves physical practice and external qi healing, it is based on the work on (bodily) qi and stresses on controlling qi with mind to fight diseases. Through the mental command, directing qi to work directly on various parts of human body and regulating the process of change of qi (open-close-out-in-accumulate-disintegrate-react), making full use of the ability of the mind and its effect of having holistic message to directly change the time-space configuration of the abnormal qi. Therefore the recovery period is short and speedy.

(written by Tian Yuancheng, Wu Wenhua and others. Translated by Ooi Kean Hin, Island Zhineng Qigong Centre, Feb 2007)

Table 4: Analysis of Effectiveness according to types of diseases

No	Effectiveness		Cured		Very Effective		Effective		Not Effective		Total no of cases	
	No. of cases	Total no. of cases	No. of Cases	%	No. of Cases	%	No. of Cases	%	No. of Cases	%	No. of Cases	%
	Type of Disease											
1	Deafness	3800	753	19.82	1193	31.39	1810	47.63	44	1.16	3756	98.84
2	Rheumatoid Arthritis	3375	997	29.54	1458	43.20	902	26.73	18	0.53	3357	99.47
3	Post Cerebrovascular Accident Disorder	3190	597	18.71	1531	47.99	1036	32.48	26	0.82	3164	99.18
4	Diabetes	2810	243	8.65	844	30.04	1660	59.07	63	2.24	2747	97.76
5	Osteoarthritis	2263	889	39.28	926	40.92	444	19.62	4	0.18	2259	99.82
6	Mental Instability	1953	1180	60.42	500	25.60	265	13.57	8	0.41	1945	99.59
7	Gall/Kidney stone	1961	319	16.35	726	37.21	871	44.64	35	1.79	1916	98.21
8	High Blood Pressure	1935	439	22.69	653	33.75	774	40.00	69	3.57	1866	96.43
9	Coronary Heart Disease	1838	389	21.16	711	38.68	726	39.50	12	0.65	1826	99.35
10	Liver Cirrhosis	1005	65	6.47	498	49.55	433	43.08	9	0.90	996	99.10
11	Chronic Gastritis	1003	573	57.13	321	32.00	106	10.57	3	0.30	1000	99.70
12	Chronic Bronchitis	879	288	32.76	374	42.55	215	24.46	2	0.23	877	99.77
13	Slipped Disc	765	276	36.08	315	41.18	172	22.48	2	0.26	763	99.74
14	Post Physical Injury Complication	756	186	24.60	317	41.93	252	33.33	1	0.13	755	99.87
15	Heart Valve Disease	740	7	0.95	416	56.22	306	41.35	11	1.49	729	98.51
16	Paget's Disease of Bone	719	42	5.84	427	59.39	233	32.41	17	2.36	702	97.64
17	Brain Damage Paralysis	651	30	4.61	315	48.39	302	46.39	4	1.61	647	99.39
18	Nephritis	588	109	18.54	294	50.00	180	30.61	5	0.85	583	99.15
19	Myopia	508	60	11.81	194	38.19	241	47.44	13	2.56	495	97.44
20	Brain Arteriosclerosis	500	207	41.40	188	37.60	107	20.80	1	0.20	499	99.80
21	Bronchiole Asthma	493	100	20.28	235	47.67	157	31.85	1	0.20	492	99.80
22	Spinal Injury Paralysis	486	8	1.65	189	38.89	284	57.44	5	1.03	481	98.97
23	Endometriosis	474	88	18.57	231	48.73	149	31.43	6	1.27	468	98.73
24	Cataract	373	29	7.77	181	48.53	156	41.82	7	1.88	366	98.12
25	Brain Tumour	366	2	0.50	190	51.91	167	45.63	7	1.91	359	98.09
26	Colecystitis	336	140	41.67	129	38.39	67	19.94	0	-	336	100.00
27	Pleural Effusion	332	34		192		105		1	0.30	331	

				10.24		57.83		31.63				99.70
28	Brain Shrinkage	328	19	5.79	174	53.06	132	40.24	3	0.91	325	99.09
29	Degenerative Muscular Dystrophy	315	9	2.86	157	49.84	148	46.98	1	0.32	314	99.68
30	Post Spinal Cord Inflammation Disorder of Children	310	12	3.87	135	43.55	163	52.58	0	-	310	100.00
31	Lumbar Spine Inflammation	307	26	8.47	116	37.79	165	53.75	0	-	307	100.00
32	Systemic Lupus Erythematosus	300	7	2.33	138	46.00	152	50.67	3	1.00	297	99.00
33	Skin Disease	255	44	17.25	116	45.49	94	36.86	1	0.39	254	99.61
34	Gastric Ulcer	246	91	36.99	118	47.79	35	14.23	2	0.81	244	99.19
35	Nephrotic Syndrome	220	20	9.09	115	52.27	85	38.64	0	-	220	100.00
36	Milk Glands Overgrowth	196	84	42.86	84	42.86	28	14.29	0	-	196	100.00
37	Arrhythmia	185	84	45.41	64	34.59	37	20.00	0	-	185	100.00
38	Optic Nerve Degeneration	184	10	5.43	82	44.57	92	50.00	0	-	184	100.00
39	Post Brain Inflammation	181	11	6.08	84	46.41	85	46.96	1	0.55	180	99.45
40	Shoulder Inflammation	175	117	66.86	42	24.00	16	9.14	0	-	175	100.00
41	Congenital Coronary Vessel Disease	164	0	-	86	52.44	77	46.95	1	0.61	163	99.39
42	Sciatica	164	79	48.17	62	37.80	23	14.02	0	-	164	100.00
43	Chronic Throat Inflammation	159	86	54.09	44	27.67	29	18.24	0	-	159	100.00
44	Waist Muscle Injury	158	105	66.46	46	29.11	7	4.43	0	-	158	100.00
45	Hepatic Vessel Tumour	141	23	16.31	75	53.19	43	30.50	0	-	141	100.00
46	Post Myocarditis Disorder	140	23	16.43	63	45.00	52	37.14	2	1.43	138	98.57
47	Bell's Palsy	131	29	22.14	73	55.73	29	22.14	0	-	131	100.00
48	Glaucoma	122	5	4.10	16	37.70	69	56.56	2	1.64	120	98.36
49	Severe Muscle Weakness	116	6	5.17	57	49.14	53	45.69	0	-	116	100.00
50	Hyperthyroidism	115	18	15.65	54	49.96	42	36.52	1	0.87	114	99.13
51	Parkinsonism	110	6	5.45	45	40.91	59	53.64	0	-	110	100.00
52	Thyroid Tumour	110	20	18.48	69	62.73	21	19.09	0	-	110	100.00
53	Ankylosing Spondylitis	102	12	11.76	42	41.18	48	47.06	0	-	102	100.00
54	Prostate Inflammation	97	38	39.18	31	35.05	25	25.77	0	-	97	100.00
55	Polycystic Ovary Syndrome	94	15	15.96	49	52.13	30	31.91	0	-	91	100.00
56	Children Mental Retardation	91	11	11.70	37	39.36	45	47.87	1	1.06	93	98.94
57	Cranial Fluid Retention	89	6	6.74	57	64.04	26	29.21	0	-	89	100.00
58	Nasal Inflammation	88	51	61.36	20	22.73	13	14.77	1	1.14	87	98.86
58	Gastrointestinal Disorder	78	43	55.13	27	34.62	6	7.69	2	2.56	76	97.44
60	Cardio Pulmonary Disorder	75	2	2.67	29	38.67	44	58.67	0	-	75	100.00
61	Pelvic Inflammation Disease	74	36	48.65	23	31.08	13	17.57	2	2.70	72	97.30
62	Sinusitis	71	39	54.93	25	35.21	7	9.86	0	-	71	100.00
63	Descended Stomach	69	33	47.83	24	34.28	12	17.39	0	-	69	100.00
64	Glomerulonephritis	65	6	9.23	33	50.77	26	40.00	0	-	65	100.00
65	Thrombophlebitis	64	10		33		21		0	-	64	

				15.63		51.56		32.81				100.00
66	Urinary System Infection	56	21	37.50	28	50.00	6	10.71	1	1.79	55	98.21
67	Venous thrombosis	50	4	8.00	30	60.00	16	32.00	0	-	50	100.00
68	Prostate Enlargement	46	7	15.22	21	45.65	18	39.13	0	-	46	100.00
69	Physical Eye Injury	44	6	13.64	10	22.75	28	63.64	0	-	44	100.00
70	Fatty Liver	33	11	33.33	16	48.48	6	18.18	0	-	33	100.00
71	Low Platelets Disorder	24	1	4.17	18	75.00	3	12.50	2	8.33	22	91.67
72	Gall Bladder Polyps	23	11	47.83	5	21.74	7	30.43	0	-	23	100.00
73	Hypothyroidism	15	2	13.33	9	60.00	4	26.67	0	-	15	100.00
74	Others	7592	1896	24.97	3219	42.40	242 3	31.92	54	0.71	7538	99.29
	Total	47864	1124 5	23.50	1948 2	40.70	166 80	34.85	454	0.95	47410	99.05

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